

LES MILLS NEW ZEALAND

GROUP FITNESS CALENDAR 2025

DATES SUBJECT TO CHANGE

LIMITED-EDITION PROGRAMS TO BE SET ON DEMAND, EMAIL LMNZ NOW

JANUARY 2025

25 / 26 MULTI AUCKLAND LIVE MODULE (INCL CYCLE)

FEBRUARY 2025

1 / 2 MULTI WELLINGTON LIVE MODULE (INCL CYCLE)

8 / 9 MULTI CHRISTCHURCH LIVE MODULE (INCL CYCLE)

8 / 9 MULTI AUCKLAND LIVE MODULE (INCL CYCLE)

8 / 9 MULTI DUNEDIN LIVE MODULE (INCL CYCLE)

22 LES MILLS UNITED EVENTS - DUN & WGTN

24 Q1 DIGITAL KIT DROP FOR GFIS

MARCH 2025

1 LES MILLS UNITED EVENTS - AKL & CHCH

2 Q1 EDUCATION WEBINARS

22 / 23 AUCKLAND TRIP MODULE

22 / 23 CHRISTCHURCH TRIP MODULE

29 / 30 WELLINGTON TRIP MODULE

APRIL 2025

12 / 13 MULTI AUCKLAND LIVE MODULE (INCL CYCLE)

26 / 27 MULTI CHRISTCHURCH LIVE MODULE (INCL CYCLE)

26 / 27 MULTI WELLINGTON LIVE MODULE (INCL CYCLE)

MAY 2025

3 / 4 MULTI AUCKLAND LIVE MODULE (INCL CYCLE)

3 / 4 MULTI DUNEDIN LIVE MODULE (INCL CYCLE)

24 LES MILLS UNITED EVENTS - AKL & CHCH

26 Q2 DIGITAL KIT DROP

31 LES MILLS UNITED EVENTS - WGTN & DUN

JUNE 2025

1 Q2 EDUCATION WEBINARS

7 / 8 GROUNDWORKS NORTH & SOUTH ISLAND

JULY 2025

12 / 13 MULTI HAMILTON LIVE MODULE (INCL CYCLE)

19 / 20 MULTI AUCKLAND LIVE MODULE (INCL CYCLE)

26 / 27 MULTI CHRISTCHURCH LIVE MODULE (INCL CYCLE)

26 / 27 MULTI WELLINGTON LIVE MODULE (INCL CYCLE)

AUGUST 2025

2 / 3 MULTI AUCKLAND LIVE MODULE (INCL CYCLE)

23 LES MILLS UNITED EVENTS - AKL & DUN

25 Q3 DIGITAL KIT DROP

30 LES MILLS UNITED EVENTS - CHCH & WGTN

31 Q3 EDUCATION WEBINARS

SEPTEMBER 2025

13 / 14 AUCKLAND TRIP MODULE

20 / 21 WELLINGTON TRIP MODULE

20 / 21 DUNEDIN TRIP MODULE

27 / 28 CHRISTCHURCH TRIP MODULE

OCTOBER 2025

18 / 19 MULTI AUCKLAND LIVE MODULE (INCL CYCLE)

18 / 19 MULTI CHRISTCHURCH LIVE MODULE (INCL CYCLE)

25 / 26 MULTI WELLINGTON LIVE MODULE (INCL CYCLE)

NOVEMBER 2025

1 / 2 MULTI AUCKLAND LIVE MODULE (INCL CYCLE)

15 LES MILLS UNITED EVENTS - WGTN

17 Q4 DIGITAL KIT DROP

22 LES MILLS UNITED EVENTS - AKL & CHCH (SOUTH ISLAND)

23 Q4 EDUCATION WEBINARS

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